



NORTH BAY-2025 Medicine Update

2025
FRIDAY
MARCH
28



Best Western | North Bay
700 LAKESHORE DRIVE

There is no cost for NBPLEG members or medical learners to attend.
Non NBPLEG member cost is \$250 for the two day event.

REGISTER TODAY!

<https://medicineupdate2025.eventbrite.ca/>



AGENDA

5:00 pm - 6:00 pm	Cocktails/Registration	Foyer
6:00 pm - 7:30 pm	Dinner	Regency Room
7:30 pm	Dueling Pianos Show	Regency Room



North Bay Physicians
Local Education Group
Association

FOUR HANDS, TWO VOICES AND ONE HELL OF A GOOD TIME!

Great Canadian Dueling Pianos operates on a single philosophy - the music you want to hear, delivered with charisma, cheer and musical prowess.



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Medicine Update



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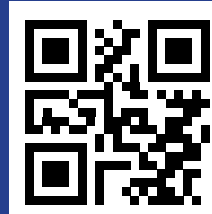
Best Western | North Bay
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BY THE END OF THE PROGRAM, THE PARTICIPANTS WILL BE ABLE TO:

- Identify best practice community approaches for ongoing patient care
- Apply acquired knowledge to manage patient care
- Implement time-saving documentation strategies

AGENDA

TIME	ROOM	EVENT	SESSION TITLE	SESSION LEAD
7:30 am - 7:45 am	Foyer	Yoga Registration		
7:45 am - 8:30 am	Lakeshore	Yoga Session		Grounded Studios
8:00 am - 9:00 am	Foyer / Regency	Registration/hot breakfast		
9:00 am - 10:00 am	Regency	Session #1	Lifhack-ER	Maj. Paul Dhillon, BA, MBBChBAO, LRCP&SI, MScDM, EMDM, MBA, CCFP(EM), FCFP, DTM&H(Lon), FRGS, FRRHH
10:00 am - 11:00 am	Regency	Session #2	Osteoporosis - Application of the New Guidelines in Primary Care	Dr. Sandra Kim, MD, FRCPC
11:00 am - 11:15 am	Foyer	Break with refreshments		
11:15 am - 12:15 pm	Regency	Session #3	Menopause 2025 - A Call to Action	Dr. Denise Black, MD, FRCSC
12:15 pm - 1:30 pm	Foyer / Regency	Lunch Break		
1:30 pm - 2:00 pm	Regency	Session #4	HPV Testing: Who, What, When, Where, Why and How	Dr. Christine Seidler, MD, CCFP
2:00 pm - 3:30 pm	Regency	Session #5	Conquering Insurance Forms	Dr. Maryna Mammoliti, MD, FRCPC and Mr. Adam Ly, OT Reg. (Ont.)



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North Bay Medicine Update 2025

North Bay Medicine Update 2025 Program Objectives

At the end of this program, participants will be able to:

- Identify best practice community approaches for ongoing patient care
- Apply acquired knowledge to manage patient care
- Implement time-saving documentation strategies

Event	Session Lead	Session Title	Session Objectives
Session #1	Maj. Paul Dhillon, BA, MBBChBAO, LRCP&SI, MScDM, EMDM, MBA, CCFP(EM), FCFP, DTM&H(Lon), FRGS, FRRHH	"Lifhack-ER"	At the conclusion of this activity, participants will be able to: <ul style="list-style-type: none"> • Demonstrate simple tricks using equipment in a Rural ER to improve patient care. • Identify a number of unique tools that you can use and reuse in clinical care for multiple patient presentations. • Discuss a number of different Lifehacks that you can use in resource constrained environments.
Session #2	Dr. Sandra Kim, MD, FRCPC	"Osteoporosis - Application of the New Guidelines in Primary Care"	At the conclusion of this activity, participants will be able to: <ul style="list-style-type: none"> • Describe the impact of osteoporotic fractures and the current osteoporosis care gap • Implement an approach to fracture risk assessment, pharmacotherapy initiation and treatment duration • Apply nutrition and exercise recommendations to support bone health
Session #3	Dr. Denise Black, MD, FRCSC	"Menopause 2025 - A Call to Action"	At the conclusion of this activity, participants will be able to: <ul style="list-style-type: none"> • Review hormonal physiology of menopause • Validate the societal impact of menopausal symptoms • Discuss management options for menopausal symptoms • Empower health care providers to confidently offer treatments
Session #4	Dr. Christine Seidler, MD, CCFP	"HPV testing: who, what, when, where, why and how"	At the conclusion of this activity, participants will be able to: <ul style="list-style-type: none"> • Describe the evidence supporting the use of HPV testing in the Ontario Cervical Screening Program. • Properly order and perform an HPV test. • Appropriately manage HPV test results. • Counsel patients on the new screening guidelines.
Session #5	Dr. Maryna Mammoliti, MD, FRCPC, Adam Ly, OT Reg. (Ont.)	"Conquering Insurance Forms"	At the conclusion of this activity, participants will be able to: <ul style="list-style-type: none"> • Distinguish the difference between the medical and social model of disability • Understand the framework of various insurance forms in Ontario • Understand the role of the physician in the return-to-work process • Identify at least 3 clinical tools to gather information for forms