

NORTHERN

CONSTELLATIONS | CONNECTIONS | LIGHTS | ACHIEVEMENT CELEBRATION



Continuing Education
and Professional Development

Navigating Your Conference Experience

To optimize your experience at Northern Constellations and Connections 2025, each session is categorized by theme, experience level, and educational role. These tags serve as a guide to help you identify sessions that align with your interests and professional development goals. However, they are not restrictive – you are encouraged to explore any session that captures your interest!

Theme

Maximize your learning relevant to your career and leadership aspirations:

Career Progression

Continuing Medical Education (CME)

Equity, Diversity, Inclusion & Accessibility (EDIA)

Effective Teaching

Leadership

Experience

Find sessions tailored to your stage of professional growth:

First 5 Years

Mid-Career

16+ Years

Designation

Identify sessions designed for your role in healthcare education:

Administrators

Faculty

Learners

Preceptors

**Administrators: NOSM U Staff including LEG Administrators, S.A.C.s*

**Faculty: Clinical Sciences, Human Sciences, Medical Sciences*

**Preceptors: Rehabilitation Sciences Program, Dietetic Practicum Program, Physician Assistant Consortium*

Northern Lights 2025: Pan Northern Leadership Forum

Thursday, May 8, 2025

Time	Event
12:00 p.m. – 1:00 p.m. Room: TBD	Conference Registration & Networking Lunch
1:00 p.m. – 4:30 p.m. Room: TBD	Northern Lights 2025: Pan Northern Leadership Form (Day 1) <p>Leadership First 5 Years Mid-Career 16+ Years Administrators Faculty Learners Preceptors</p> <p>Northern Lights 2025 is a dynamic two half-day workshop designed for Northern Ontario faculty, preceptors, and administrators looking to elevate their leadership skills. Effective leadership is essential for guiding teams of all sizes and disciplines across the region's evolving healthcare landscape. In collaboration with NOSM U CEPD, the Canadian College of Health Leaders (CCHL) has developed a tailored program addressing the unique needs of healthcare professionals, offering Mainpro+ and Section 1 credits, as well as Certified Health Executive (CHE) credits.</p> <p>This year's workshop will focus on change leadership in the era of AI and NOSM U expansion, equipping participants with practical strategies for prioritization, conflict resolution, and leading through transformation.</p>

Friday, May 9, 2025

Time	Event
8:00 a.m. – 8:30 a.m. Room: TBD	Conference Registration Breakfast
8:30 a.m. – 12:15 p.m. Room: TBD	Northern Lights 2025: Pan Northern Leadership Form (Day 2) <p>Leadership First 5 Years Mid-Career 16+ Years Administrators Faculty Learners Preceptors</p>

NORTHERN

CONSTELLATIONS | CONNECTIONS | LIGHTS | ACHIEVEMENT CELEBRATION



Continuing Education
and Professional Development

Northern Constellations & Connections 2025

Day 1: Friday, May 9, 2025

Time	Event
12:00 p.m. – 1:00 p.m. Room: TBD	Conference Registration & Networking Lunch
1:00 p.m. – 1:30 p.m. Room: TBD	<p>Welcome & Opening Dr. Tara Baron</p> <p>Indigenous Welcome Mr. Perry-McLeod-Shabogesic</p> <p>Francophone Welcome Dr. Nicole Ranger</p> <p>After attending this conference participants will be able to:</p> <ol style="list-style-type: none"> 1. Incorporate tools, resources, and frameworks in their teaching to support diverse learner needs. <i>(CanMEDs Roles: Collaborator, Scholar, Leader)</i> 2. Apply strategies to promote equity, diversity, inclusion, and accessibility in educational and/or administrative settings. <i>(CanMEDs Roles: Collaborator, Communicator, Leader, Scholar, Professional, Health, Advocate, Medical Expert)</i> 3. Implement leadership practices to cultivate psychologically safe and effective teams in educational and organizational environments. <i>(CanMEDs Roles: Collaborator, Leader, Scholar, Professional, Medical Expert)</i> 4. Identify resources and opportunities to assist with career progressions in health care education. <i>(CanMEDs Roles: Professional, Leader)</i> 5. Facilitate collaboration and knowledge exchange between health professionals practicing in Northern Ontario. <i>(CanMEDs Roles: Collaborator, Communicator, Leader, Scholar)</i> 6. Continue to build skill and confidence in approaching common clinical presentations and procedures. <i>(CanMEDs Roles: Medical Expert, Professional)</i>
1:30 p.m. – 2:30 p.m. Room: TBD	<p>Keynote: Authentic Leadership Speaker: Dr. Chika Oriuwa (University of Toronto)</p> <p>EDIA Leadership First 5 Years Mid-Career 16+ Years Administrators Faculty Learners Preceptors</p> <p>After attending this session participants will be able to:</p> <ol style="list-style-type: none"> 1. Discuss the role of faculty in advocating for diversity and promoting culturally safe learning environments for learners and colleagues. 2. Develop actionable steps to mentor and support learners and faculty to ensure equity and representation in leadership roles.
2:30 p.m. – 3:05 p.m.	Health Break & Poster Sessions
3:05 p.m. – 4:05 p.m.	Concurrent Sessions
Breakout Rooms	<p>A1</p> <p>Integrating Indigenous Knowledge into Western Healthcare Practice Speaker: Dr. Bridget McDonald (NOSM University) Room: TBD</p> <p>EDIA First 5 Years Mid-Career 16+ Years Administrators Faculty Learners Preceptors</p> <p>After attending this session participants will be able to:</p> <ol style="list-style-type: none"> 1. Identify historical and ongoing healthcare challenges faced by Indigenous communities to enhance empathy and awareness in healthcare delivery. 2. Demonstrate cultural humility when discussing Indigenous healing options with patients, respecting their autonomy and cultural value.

NORTHERN

CONSTELLATIONS | CONNECTIONS | LIGHTS | ACHIEVEMENT CELEBRATION



Continuing Education
and Professional Development

3. Apply culturally safe communication strategies that honor Indigenous values and traditions in patient interactions and educational settings.

Transforming Clinical Questions into Scholarly Opportunities – Leveraging Time, Teams, and Resources for Research

Speaker: Dr. Lisa Allen & Dr. Barb Zelek (NOSM University)

Room: TBD



A2

After attending this session participants will be able to:

1. Integrate research activities into their academic and clinical schedules and implement strategies to effectively allocate dedicated time.
2. Establish pathways for research collaboration with key research support structures, distributed research networks, and regional research institutes.
3. Identify important interdisciplinary team members for collaboration on scholarly work within NOSM University, LEGs, and research institutes to enhance research capacity.

Learner in Difficulty

Speaker: Dr. Stacey Bernstein, Dr. Chetana Kulkarni, and Ms. Joanne Leo (University of Toronto)

Room: TBD



A3

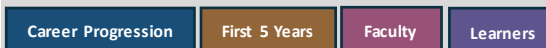
After attending this session participants will be able to:

1. Describe a framework to conceptualize an approach to the learner in difficulty.
2. Identify challenges and opportunities when working with the learner in difficulty.
3. Reflect on our collective experiences in this domain and share pearls of wisdom.

The First Five Years Including Practice Management and Becoming an Academic at NOSM U

Speaker: Dr. Adam Moir & Dr. Francois Doiron (NOSM University)

Room: TBD



A4

After attending this session participants will be able to:

1. Evaluate personal progress and areas for improvement in scholarly output, teaching skills, and clinical expertise, using feedback from peers and mentors to guide professional development.
2. Analyze best practices for practice management in academic settings, with a focus on workflow efficiency and time allocation for clinical, research, and teaching responsibilities.
3. Develop an understanding of what it means to be an academic physician at NOSM U an approach to finding balance for a fulfilling career.

Innovations and Impact: NOSM U Learner Presentations

Speaker(s): TBD from Abstract Submissions

Room: TBD



A5

After attending this session participants will be able to:

1. Enable participants to identify opportunities for collaboration with NOSM U administrators, preceptors, faculty, and learners.
2. Apply best practices when integrating research and scholarly activity into teaching and clinical practice.
3. Identify resources to strengthen leadership and team-building skills.

NORTHERN

CONSTELLATIONS | CONNECTIONS | LIGHTS | ACHIEVEMENT CELEBRATION



Continuing Education
and Professional Development

	A6	<p>Promotion Speaker: Dr. Katie Richardson, Dr. Anil Joseph & Ms. Anita Arella (NOSM University) Room: TBD</p> <p>Career Progression Mid-Career 16+ Years Faculty</p> <p>After attending this session participants will be able to:</p> <ol style="list-style-type: none"> 1. Identify the key requirements and criteria for promotion at NOSM University, including metrics for clinical competence, teaching contributions, administration and scholarly activities. 2. Develop a portfolio that highlights clinical competency teaching, administration and scholarly contributions, structured to meet academic promotion standards. 3. Facilitate participants' reflection on their personal readiness to seek promotion by evaluating their strengths and areas for improvement in relation to promotion criteria.
<p>3:05 p.m. – 4:20 p.m. Room: TBD</p>	A7	<p>Learning Addictions Treatment Through Simulation Supporting Organization: HSN Mental Health and Addictions Planning Committee Chair: Dr. Tara Leary (NOSM University) Facilitator: Dr. Tara Leary (NOSM University) Description: This interactive workshop will enhance skills in initiating and titrating buprenorphine, prescribing anti-craving medications, and managing acute pain in patients with substance use disorders. Using simulation-based case scenarios with standardized patients, participants will receive hands-on practice, expert feedback, and strategies to reduce stigma in care. Pre- and post-workshop activities, including surveys, will reinforce learning and support adaptation of protocols to local clinical contexts.</p> <p>CME First 5 Years Mid-Career 16+ Years Faculty Learners Preceptors</p> <p>After attending this workshop participants will be able to:</p> <ol style="list-style-type: none"> 1. Improve physician comfort with prescribing withdrawal management medications. 2. Improve physician comfort with prescribing anti-craving meds. 3. Reduce stigma when health professionals are interacting with people with addiction. 4. Recognize stereotypes and evaluation practitioner's own bias when treating a patient with substance disorder. <p>**Limit of 3. Additional fees apply. Must be registered to simulation to attend**</p>
<p>4:05 p.m. – 4:40 p.m.</p>	<p>Health Break & Poster Sessions</p>	
<p>4:40 p.m. – 5:40 p.m.</p>	<p>Concurrent Sessions</p>	
<p>Breakout Rooms</p>	B1	<p>Clinical Care/Skills</p> <ol style="list-style-type: none"> 1. Eye Fundoscopy: Dr. Maria Valeria Pereira da Silva (NOSM University) 2. Endometrial Biopsy: Dr. Karen Splinter (NOSM University) 3. Wound Care: Ms. Deirdre O'Sullivan Drombolis (NOSM University) 4. Augmentative Communication: Ms. Danielle Belanger (Health Sciences North) <p>Description: This hands-on session consists of four interactive stations designed to enhance key procedural and communication competencies. Room: TBD</p> <p>CME First 5 Years Mid-Career 16+ Years Faculty Learners Preceptors</p> <p>After attending this session participants will be able to:</p> <ol style="list-style-type: none"> 1. Using a task trainer, outline an approach to identifying and managing fundoscopic changes in patients with diabetes and vascular disease. 2. Perform the procedural steps of an endometrial biopsy safely and competently while maintaining patient comfort and dignity. 3. Apply an approach to assessing and managing a variety of complicated wounds.

NORTHERN

CONSTELLATIONS | CONNECTIONS | LIGHTS | ACHIEVEMENT CELEBRATION



Continuing Education
and Professional Development

- Discuss how to utilize augmentative communication tools to effectively support patients with communication impairments.

Sharing Circle

Speaker: Mr. Perry McLeod-Shabogesic (Dokis First Nation) & Dr. Joseph LeBlanc (NOSM University)

Room: TBD

EDIA

First 5 Years

Mid-Career

16+ Years

Administrators

Faculty

Learners

Preceptors

After attending this session participants will be able to:

- Engage respectfully in a Sharing Circle with an Indigenous Knowledge Keeper to deepen understanding of traditional healing practices.
- Reflect on personal beliefs and biases that may impact interactions with Indigenous patients, using insights gained from the Sharing Circle.
- Evaluate the experiences and outcomes of incorporating traditional Indigenous healing practices shared in the Circle, focusing on the benefits to patient-centered care.

B2

Supporting IMG Learners

Speaker: Dr. Umberin Najeeb (University of Toronto)

Room: TBD

Effective Teaching

First 5 Years

Mid-Career

16+ Years

Administrators

Faculty

After attending this session participants will be able to:

- Identify common challenges faced by IMG learners in adapting to new healthcare systems, cultural norms, and educational expectations.
- Demonstrate an understanding of the regulatory considerations relevant to IMG training.
- Apply culturally sensitive communication strategies to build rapport with IMG learners and support their unique educational needs.

B3

Coping with Imposter Syndrome

Speaker: Dr. Dana Menard (University of Windsor)

Room: TBD

Effective Teaching

First 5 Years

Mid-Career

16+ Years

Administrators

Faculty

Learners

Preceptors

After attending this session participants will be able to:

- Analyze the relationship between imposter syndrome, burnout, and professional development, with an emphasis on early identification and intervention.
- Evaluate personal achievements and milestones objectively to counter imposter syndrome, encouraging self-recognition and healthy self-assessment practices.
- Apply cognitive reframing techniques to challenge self-doubt and negative self-talk associated with imposter syndrome.

B4

Effective Strategies for Providing Effective Written Feedback)

Speaker: Dr. Katie Richardson & Dr. Tara Baron (NOSM University)

Room: TBD

Effective Teaching

First 5 Years

Mid-Career

16+ Years

Faculty

Preceptors

After attending this session participants will be able to:

- Describe the key components of constructive written feedback that promotes learner growth and confidence.
- Demonstrate how to effectively use Elenra (the NOSM U adopted platform) to ensure timely feedback to learners following observations of performance (DOCs, EPAs, ITERS, etc.).
- Apply evidence-based communication strategies when writing feedback to foster a supportive and safe learning environment for all learners.

B5

NOSM University has adopted the Elenra platform for their educational programs

4:40 p.m. – 5:40 p.m.
Room: TBD

B6

Mastering Etonogestrel Subdermal Implant

Supporting Organization: Thunder Bay Obstetrics & Gynecology Local Education Group

NORTHERN

CONSTELLATIONS | CONNECTIONS | LIGHTS | ACHIEVEMENT CELEBRATION



Continuing Education
and Professional Development

	<p>Planning Committee Chair: Dr. Amber Dudar (NOSM University) Facilitator: Dr. Mel Patrie (NOSM University) Description: This workshop will train participants in the insertion and removal of etonogestrel subdermal implants. The session includes a demonstration, guided practice with expert feedback, and take-home resources. Pre- and post-workshop surveys, along with a 12-week follow-up, will reinforce learning and assess participants' integration of the skill into practice.</p> <p>CME First 5 Years Mid-Career 16+ Years Faculty Learners</p> <p>After attending this workshop participants will be able to:</p> <ol style="list-style-type: none"> 1. Determine appropriate patient population for Etonogestrel Subdermal Implant use. 2. Discuss risks and benefits of Etonogestrel Subdermal Implant device. 3. Perform appropriate landmarking and insertion technique of the Etonogestrel Subdermal Implant device. 4. Perform appropriate technique for removal of Etonogestrel subdermal Implant device. <p>**Limit of 12. Additional fees apply. Must be registered to workshop to attend**</p>
<p>4:30 p.m. – 5:45 p.m. Room: TBD</p>	<p>B7</p> <p>Learning Addictions Treatment Through Simulation Supporting Organization: HSN Mental Health and Addictions Planning Committee Chair: Dr. Tara Leary (NOSM University) Facilitator: Dr. Tara Leary (NOSM University) Description: This interactive workshop will enhance skills in initiating and titrating buprenorphine, prescribing anti-craving medications, and managing acute pain in patients with substance use disorders. Using simulation-based case scenarios with standardized patients, participants will receive hands-on practice, expert feedback, and strategies to reduce stigma in care. Pre- and post-workshop activities, including surveys, will reinforce learning and support adaptation of protocols to local clinical contexts.</p> <p>CME First 5 Years Mid-Career 16+ Years Faculty Learners</p> <p>After attending this workshop participants will be able to:</p> <ol style="list-style-type: none"> 1. Improve physician comfort with prescribing withdrawal management medications. 2. Improve physician comfort with prescribing anti-craving meds. 3. Reduce stigma when health professionals are interacting with people with addiction. 4. Recognize stereotypes and evaluation practitioners own bias when treating a patient with substance disorder. <p>**Limit of 3. Additional fees apply. Must be registered to simulation to attend**</p>

Day 2: Saturday, May 10, 2025

Time	Event
<p>7:30 a.m. - 8:40 a.m. Room: TBD</p>	<p>Breakfast</p>
<p>8:40 a.m. - 9:30 a.m. Room: TBD</p>	<p>Panel Session: NOSM U For All – Creating a Diverse and Welcoming Community Speaker(s): Dr. Jacinta Oyella, Dr. Brienne Olibris, Dr. Joseph Leblanc, & Dr. Prashant Jani (NOSM University)</p> <p>EDIA First 5 Years Mid-Career 16+ Years Administrators Faculty Learners Preceptors</p> <p>After attending this session participants will be able to:</p> <ol style="list-style-type: none"> 1. Describe the impact systemic racism and lack of cultural competence has on the learning environment at NOSM U. 2. Consider coping strategies used by learners, faculty, preceptors, and administrators. 3. Develop strategies for supporting learners, faculty, preceptors, and administrators who experience different forms of racism within healthcare education.
<p>9:30 a.m. – 10:30 a.m.</p>	<p>Concurrent Sessions C</p>

NORTHERN

CONSTELLATIONS | CONNECTIONS | LIGHTS | ACHIEVEMENT CELEBRATION



Continuing Education
and Professional Development

Breakout Rooms	C1	<p>Creating Space for Your Humanity in Healthcare Speaker: Dr. Joan Chan (Guelph Family Physician) Description: One of the most common struggles for healthcare humans is the often repeated "too much to do, not enough time to do it." What if this idea isn't something to struggle against, but something to embrace? What would change if we collectively acknowledged the limitations of time and our human capacity, and even used those realities to design our workday? An interactive Q&A will provide an opportunity for personal reflection. Room: TBD</p> <div style="display: flex; justify-content: space-around; margin-bottom: 10px;"> Leadership First 5 Years Mid-Career 16+ Years Administrators Faculty Learners Preceptors </div> <p>After attending this session participants will be able to:</p> <ol style="list-style-type: none"> 1. Discuss how both the healthcare system and our socialization are major contributors to burnout amongst clinicians. 2. Explore the concept of our human capacity, and how designing our lives to work under our capacity has long term benefits for ourselves and for our patients. 3. Utilize a decision-making framework to plan your next realistic, actionable steps towards creating a spacious workflow and life.
	C2	<p>Money & Medicine Rounds – High Yield Topics They Don’t Teach You in Residency Speaker: Dr. Stephanie Zhou (University of Toronto) Room: TBD</p> <div style="display: flex; justify-content: space-around; margin-bottom: 10px;"> Career Progression First 5 Years Mid-Career Faculty Learners </div> <p>After attending this session participants will be able to:</p> <ol style="list-style-type: none"> 1. Describe how finances can build personal wellness through income streams, optimizing billings, and taking breaks from medicine (i.e. parental leave or sabbaticals). 2. Examine common personal finance mistakes new grads make when it comes to incorporation, building a financial team and debt repayment.
	C3	<p>La diversité en matière de santé des Noirs (séance en français) Conférencière: D^{re} Mireille Norris (université de Toronto) Salle: à déterminer ultérieurement</p> <div style="display: flex; justify-content: space-around; margin-bottom: 10px;"> EDIA Premières 5 années Mi-carrière 16+ années </div> <div style="display: flex; justify-content: space-around; margin-bottom: 10px;"> Administratrices et administrateurs Corps professoral Apprenantes et apprenants Préceptrices et précepteurs </div> <p>Suite à cette séance, les participantes et participants seront en mesure de:</p> <ol style="list-style-type: none"> 1. Analyser les défis uniques des communautés noires francophones en Ontario et proposer des stratégies pour les surmonter. 2. Concevoir des plans de soins adaptés à la culture qui respectent la diversité linguistique et culturelle des personnes noires francophones. 3. Évaluer les effets du racisme et des préjugés systémiques sur l'accès aux soins et sur les résultats pour la santé des communautés noires francophones.
	C4	<p>Learner Accommodations Speakers: Dr. Jason Shack, Dr. Sean Sullivan & Ms. Jennifer Turcotte-Russak (NOSM University) Room: TBD</p> <div style="display: flex; justify-content: space-around; margin-bottom: 10px;"> Effective Teaching First 5 Years Mid-Career 16+ Years Faculty Preceptors </div> <p>After attending this session participants will be able to:</p> <ol style="list-style-type: none"> 1. Describe accommodations in the learning and clinical environment. 2. Explain the accommodations process for learners at NOSM University. 3. Co-develop and implement a learner accommodation plan.

NORTHERN

CONSTELLATIONS | CONNECTIONS | LIGHTS | ACHIEVEMENT CELEBRATION



Continuing Education
and Professional Development

	C5	<p>Unconscious Bias in Health Professional Education Speaker: Dr. Jasdeep Dhir (McMaster University) Room: TBD</p> <p>EDIA First 5 Years Mid-Career 16+ Years Administrators Faculty Learners Preceptors</p> <p>After attending this session participants will be able to:</p> <ol style="list-style-type: none"> 1. Apply strategies to mitigate unconscious bias in clinical assessments, feedback, and decision-making processes to foster inclusive learning and patient care. 2. Develop skills to lead inclusive discussions and facilitate EDIA-oriented learning environments that encourage diverse perspectives and respect for all participants. 3. Identify common types of unconscious bias that may influence interactions with learners, colleagues, and patient populations in clinical and educational settings.
<p>9:30 a.m. – 10:45 a.m. Room: TBD</p>	C6	<p>Learning Addictions Treatment Through Simulation Supporting Organization: HSN Mental Health and Addictions Planning Committee Chair: Dr. Tara Leary (NOSM University) Facilitator: Dr. Tara Leary (NOSM University) Description: This interactive workshop will enhance skills in initiating and titrating buprenorphine, prescribing anti-craving medications, and managing acute pain in patients with substance use disorders. Using simulation-based case scenarios with standardized patients, participants will receive hands-on practice, expert feedback, and strategies to reduce stigma in care. Pre- and post-workshop activities, including surveys, will reinforce learning and support adaptation of protocols to local clinical contexts.</p> <p>CME First 5 Years Mid-Career 16+ Years Faculty Learners</p> <p>After attending this workshop participants will be able to:</p> <ol style="list-style-type: none"> 1. Improve physician comfort with prescribing withdrawal management medications. 2. Improve physician comfort with prescribing anti-craving meds. 3. Reduce stigma when health professionals are interacting with people with addiction. 4. Recognize stereotypes and evaluation practitioners own bias when treating a patient with substance disorder. <p>**Limit of 3. Additional fees apply. Must be registered to simulation to attend**</p>
<p>10:30 a.m. – 10:50 a.m.</p>	<p>Health Break & Poster Sessions</p>	
<p>10:50 a.m. – 12:00 p.m. Plaza AB (Main Room)</p>	<p>Educational Innovations (10min/ea)</p> <p>Leadership First 5 Years Mid-Career 16+ Years Administrators Faculty Learners Preceptors</p> <p>After attending this session participants will be able to:</p> <ol style="list-style-type: none"> 1. Discuss clinical, educational, and administrative innovations undertaken by NOSM U faculty, learners, preceptors and staff. 2. Identify opportunities for collaboration with NOSM U faculty, learners, preceptors and staff. <p>D1 Innovations Title - TBD Abstract Submissions Speaker(s): TBD Description: TBD</p> <p>D2 Innovations Title - TBD Abstract Submissions Speaker(s): TBD Description: TBD</p> <p>D3 Innovations Title - TBD Abstract Submissions Speaker(s): TBD Description: TBD</p> <p>D4 Innovations Title - TBD Abstract Submissions Speaker(s): TBD</p>	

NORTHERN

CONSTELLATIONS | CONNECTIONS | LIGHTS | ACHIEVEMENT CELEBRATION



Continuing Education
and Professional Development

	Description: TBD
D5	Innovations Title - TBD Abstract Submissions Speaker(s): TBD Description: TBD
D6	Innovations Title - TBD Abstract Submissions Speaker(s): TBD Description: TBD
D7	Innovations Title – Innovations and Impact: NOSM U Learner Presentations Winner Speaker(s): TBD Description: TBD
12:00 p.m. – 12:30 p.m. Plaza AB (Main Room)	<p>Keynote: Rehumanizing Healthcare from the Inside Out Speaker: Dr. Joan Chan (Guelph Family Physician) Description: Medicine is at a crossroads. Our daily work demands continue to increase, patients' health concerns grow more complex, and yet the system not only fails to rise to these challenges, but instead new cracks appear. In this workshop, Dr Joan Chan will facilitate an exploration of the radical notion that each of us are the other humans in the rooms with our patients. Together we will walk towards the understanding that centring our own humanity is not only necessary for finding satisfaction and joy in our work, but it's actually the most powerful vehicle for systemic change. Through self reflection, interactive discussions and a Q&A, attendees will collaboratively develop actionable steps to rehumanize healthcare in their own practice and institutions.</p> <div style="display: flex; justify-content: space-around; align-items: center;"> Leadership First 5 Years Mid-Career 16+ Years Administrators Faculty Learners Preceptors </div> <p>After attending this session participants will be able to:</p> <ol style="list-style-type: none"> 1. Identify the dehumanizing stories and norms within the current healthcare culture. 2. Recognize the realities of being human beings with human bodies working inside an incompatible healthcare system. 3. Generate a collective re-imagination of a human-centred healthcare system. 4. Create and commit to next-step experiments in rehumanizing healthcare for each participant.
12:30 p.m. – 1:00 p.m.	Closing Remarks/Boxed Lunch