



Self-Directed Career Exploration

Self-Directed Career Exploration activities are dedicated segments of time built into the pre-clerkship (Year 1 and Year 2) schedule with the goal of supporting UME students in exploring medical career options with increased flexibility.

These student-organized activities provide flexibility to students in their efforts to achieve the Theme 6 (Medical Career) learning outcomes and assessment requirements related to career exploration utilizing a personalized approach.

Learning Outcomes

Options for Fulfilling the Theme 6 Self-Directed Career Exploration Requirements

- Participate in research as a contributor to a project
- Undertake a course or certification
- Independent reading
- Webinars or in-person information sessions
- Meet with Physicians or Residents for one-on-one discussions
- Meet with student interest groups
- Meet with Learner Affairs Officers or UME Faculty Advisors
- Engage in observational Special Education Experiences (SEEs)
- Complete an observational elective-type experience through the Northern Electives Program (NEP)



Develop effective strategies for gathering information about different medical careers



Identify and describe various career paths within the medical field



Explore roles and responsibilities of physicians in diverse healthcare settings



Evaluate personal interests, skills, and values to match them with potential career options in medicine

