



NOSM
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Dietetic Practicum Program

Information Session

October 24, 2024



Cara Green
Manager



Denise Raftis
Dietetic Practicum Lead



Jessica Greenwood
DPP Alumna 2022



Maddy Gilfix
DPP Alumna 2022

Session Presenters

The Dietetic Practicum Program:

This 46-week program runs Sept-July & enables you to meet the ICDEP & obtain a temporary RD license

Prepare for the workforce with a focus on practical training—no in-class course work or thesis required.

Personalized education: Small class size, supportive faculty, and individualized programming.

Train in a variety of practice settings across Northern Ontario.

Affordable and accessible with no excessive debt.



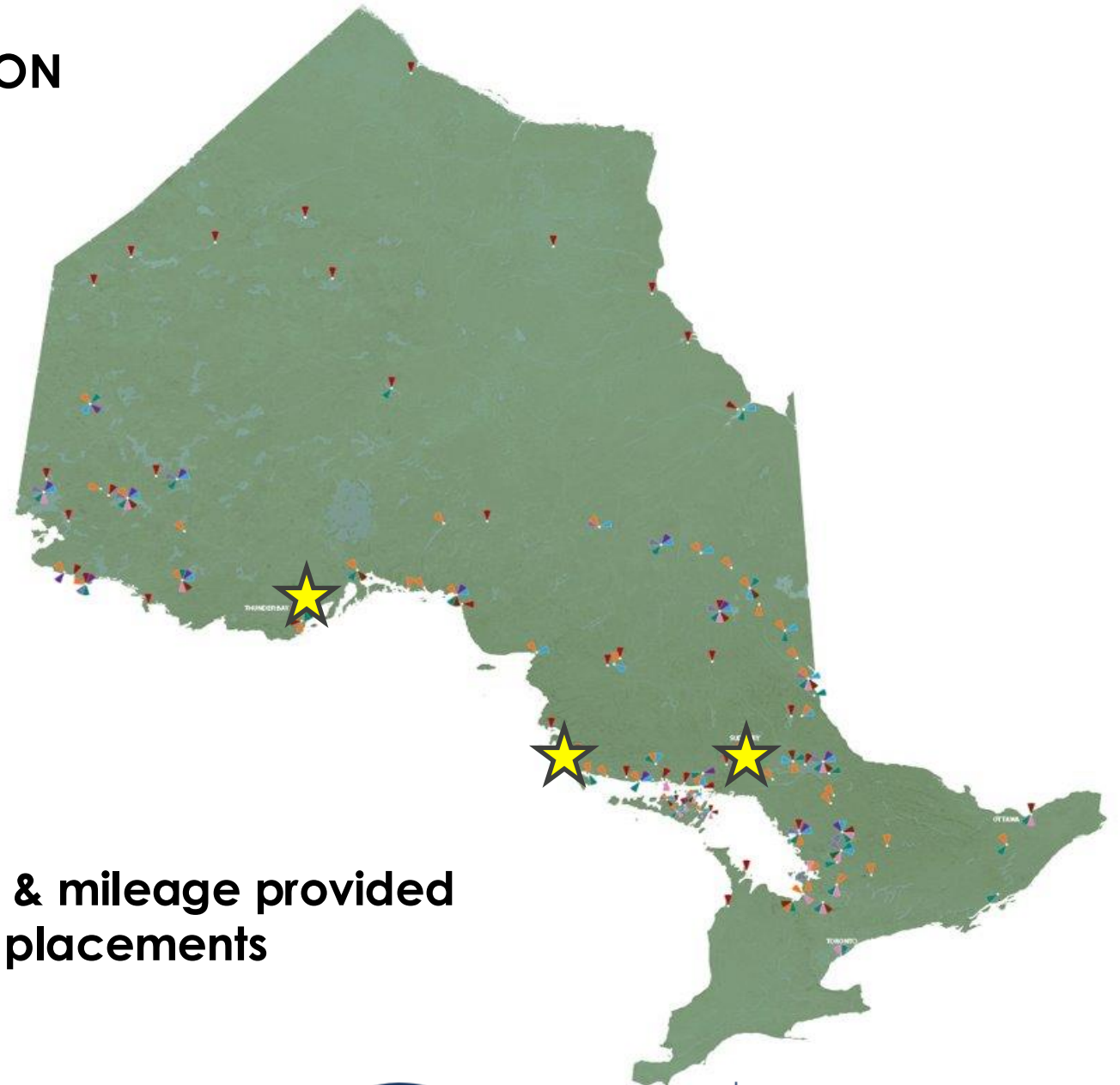
INTERPROFESSIONAL HEALTH CARE EDUCATION 'ALL OVER THE MAP'

-  INDIGENOUS COMMUNITIES
-  RURAL AND REMOTE COMMUNITIES
-  COMPREHENSIVE COMMUNITY CLERKSHIPS (CCC)
-  ROTATIONS AT ACADEMIC HEALTH SCIENCES CENTRES
-  RESIDENTS
-  DIETETIC INTERNS
-  PHYSICIAN ASSISTANTS LEARNERS
-  HEALTH SCIENCES LEARNERS
-  MEDICAL PHYSICIST RESIDENTS
-  VISITING MEDICAL LEARNERS
-  DPP PRINCIPAL SITES
 - Sudbury
 - Sault Ste. Marie
 - Thunder Bay

Min 4-6 week rural placement
required outside principal site



**Housing & mileage provided
for rural placements**





Learning Opportunities

- >80 affiliation agreements with Northern health organizations from the Manitoba border to the Muskoka's & South to Barrie & Orillia
- Diverse placement settings:
 - academic teaching hospitals,
 - community hospitals,
 - diabetes education centres,
 - family health teams,
 - public health units,
 - aboriginal health access centres



Specialized Placements Available

- critical care
- surgery
- pediatrics
- nephrology

Practicum Placements



Nutrition Care: ~20 weeks (typically 5 placements)



Population Health Promotion: ~10 weeks (2 placements)



Food Provision & Management: 6 weeks



Practice-based Research: 4 weeks



Vacation – late December: 2 weeks



Consolidation: 2-3 weeks

Recent Research Projects

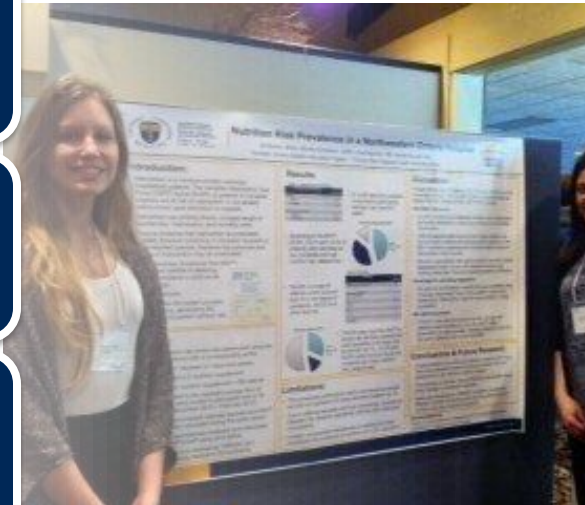
To what extent does the community elder meal program at Roots Community Food Centre achieve identified program goals?

Does losing weight prior to pregnancy lead to better maternal and/or infant/child health outcomes?

What are the best practices for lifestyle management of Non-Alcoholic Fatty Liver Disease (NAFLD)?

Development of a patient/family-level education tool for patients considering intradialytic parenteral nutrition (IDPN).

How can the Public Health (PH) Teaching Kitchen leverage and support the promotion of food literacy across the lifespan in Public Health Sudbury & Districts (PHSD) service area?



Professional Development



Educational Seminars (examples):

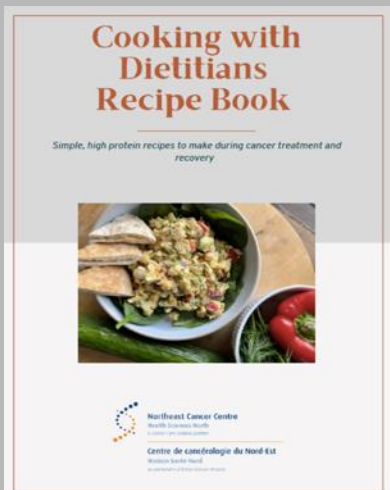
- Research Methodology Series
- Program Evaluation
- Nutrition Support, NCP, Nephrology, Eating Disorders...
- Pediatric Growth Assessment
- Sustainable Food Systems
- Communication workshop
- Elder Sharing Circle

Course Work (online & self-paced)

- Cultural Safety Training
- Counselling Skills
- Population Health Needs Assessment

Jessica's Experience (2021-22)

Rotation	Location
Food Provision & Management	Grove Park LTC Home
Clinical: Diabetes Management	Barrie Community Health Centre
Clinical: Acute & Critical Care	Health Sciences North (HSN)
Public Health	North Bay Parry Sound Public Health
Clinical: Nephrology	Royal Victoria Hospital Dialysis Centre
Population Health Promotion	Maamwesying North Shore Community Health Services
Clinical & Population Health Combined	Couchiching Family Health Team
Consolidation – 4 weeks	HSN Oncology, Medicine, Palliative care



Practice Based Research Project

Cooking with Dietitians:
Developing a Culinary
Nutrition Course for Cancer
Patients

Current Role: Pediatric Ambulatory Care Unit at HSN

- Nutrition Counselling
- Feeding Clinic
- Oncology
- Diabetes Care

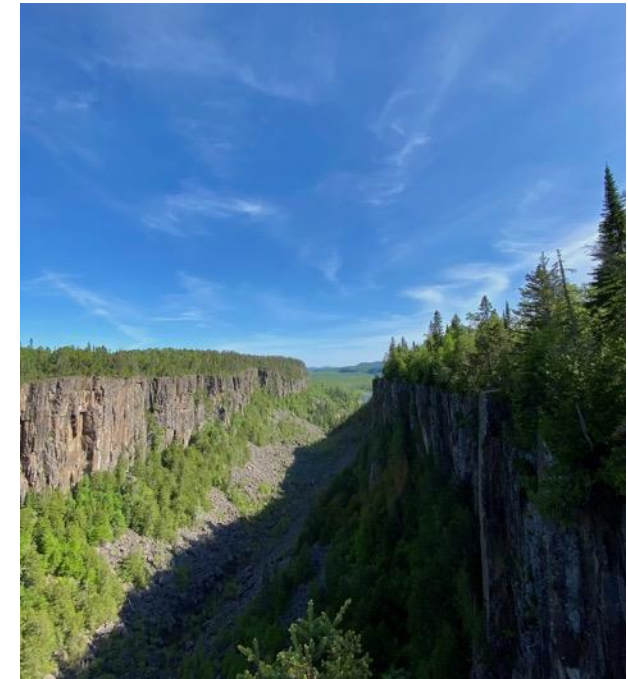




MADDY'S EXPERIENCE

(2021-22)

MEDICALLY COMPLEX INPATIENTS
 DIABETES
 NEPHROLOGY/DIALYSIS
 PUBLIC HEALTH
 INTENSIVE CARE UNIT
 FOODSERVICE
 INDIGENOUS HEALTH/COUNSELLING



Practice Based Project: NODIP Graduate Outcomes Evaluation

THUNDER BAY

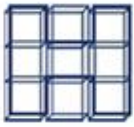


DRYDEN



KENORA





Lake of the Woods
District Hospital

SINCE THEN

Clinical Dietitian

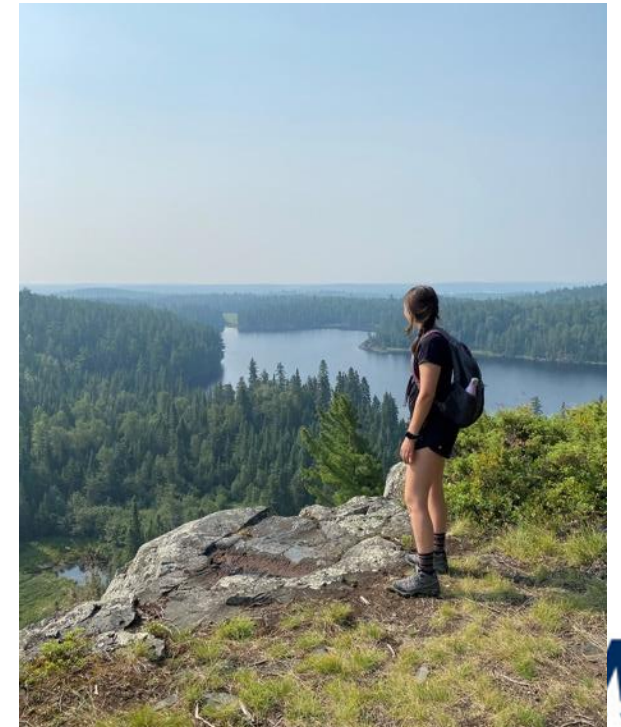
Lake of the Woods District Hospital
Wiigwas Long-Term Care Home/Seasons Care

Preceptor

NOSMU Dietetic Practicum Program

Board Director

Dietitians of Canada



seasons care ²⁰ years
DIETITIAN NETWORK INC.



Available Learner Supports

- DPP Team, Preceptors, & Learners become your first professional network
- Learner Affairs Officer
- Accommodations & Accessibility
- Homewood Health Student Assistance/Counselling
- Financial Aid Office
- Virtual Health & Wellness Hub
- Microsoft Office 365 software
- Library services





Admission Requirements

1. Accredited undergraduate Nutrition degree (4 yrs, applied)
2. 75% average in the final two years of study
3. Highly developed oral & written communication skills

Application Process 2025-26

Online Application
Opens by Nov 1st, 2024

Application & References
Due January 24th, 2025, 4 pm EST

Interviews
February 24-27th 2025

Admission Offers
Early March 2025



Tentative Tuition & Fee Schedule

~\$4,500 (tuition,
ancillary fees, &
health benefits)

\$1000 deposit due
mid-March, 2024

Remaining due
August 15th, 2024



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Common questions – see answers on [FAQ website](#)

1. Is the DPP primarily focused on Indigenous & Francophone culture?
2. Will I only be in rural and remote areas? How will this prepare me for practise in a large city?
3. Is the DPP a diploma or a Master's degree? What is the difference?



Be Awesome with NOSM U



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Follow the DPP Path to Become an RD

For more information:

- nosm.ca/dpp
- dpp@nosm.ca
- Instagram:
 - NODIP highlight reel @NOSMFutureMDs
 - @CaraGreenRD
- Maddy's email: mgilfix@lwdh.on.ca
- Jessica's email: jegreenwood@hsnsudbury.ca
- Kathryn Rondina (current learner): kroncina@nosm.ca