

# Urology Residency Program – Rotation Plan

# **Urology Rotation - Foundations**

| CBD STAGE:       | Foundations              |
|------------------|--------------------------|
| LENGTH OF        | Total of 6 4-week blocks |
| ROTATION:        |                          |
| ROTATION OFFERED | Thunder Bay              |
| AT:              |                          |

# FOCUS OF THIS ROTATION

This rotation focuses on developing the foundational knowledge and skills required for managing urological diseases. In this rotation(s), residents will receive consistent exposure to the management of patients with urgent and non-urgent urological clinical conditions, including patients that present in the emergency department. The resident will be under the supervision of the on-call urologist for all emergency department cases. Residents will practice and demonstrate their competence in rigid and flexible cystoscopy, as well as opening and closing an abdominal incision in low-complexity patients.

# EPAS FOR THIS ROTATION

The EPAS that should be prioritized in this rotation are those highlighted in green.

| EPA Number           | EPA Description   |
|----------------------|---|
| Surgical Foundations |   |
| TTD 1                | Performing the preoperative preparation of patients for basic surgical procedures |
| TTD 2                | Recognizing and initiating early management for critically ill surgical patients  |
| TTD 3                | Documenting clinical encounters   |
| TTD 4                | Demonstrating handover technique  |
| F 1                  | Providing initial management for critically ill patients                          |
| F 2                  | Inserting central venous lines  |
| F 3                  | Providing initial management for trauma patients                                  |
| F 4                  | Providing risk assessment and management for preoperative patients in             |
|                      | preparation for surgery   |
| F 6                  | Participating in surgical procedures  |

| F 8     | Managing post-operative patients with complications   |
|---------|---|
| Urology |   |
| TTD 1   | Assessing patients with a urological presentation   |
| TTD 2   | Admitting patients to the urology service   |
| TTD 3   | Discharging patients from the urology service   |
| TTD 4   | Collaborating with other services   |
| F 1     | Assessing and managing patients with a difficult catheterization in an urgent setting                       |
| F 2     | Recognizing and managing urosepsis in patients with urinary obstruction                                     |
| F 3     | Assessing and managing patients with acute scrotal/perineal pain  |
| F 4     | Assessing and establishing a management plan for patients with common non-emergent urological presentations |
| F 5     | Performing rigid cystoscopy with examination in an elective setting   |
| F 6     | Performing flexible cystoscopy with examination in an elective setting                                      |
| F 7     | Opening and closing an abdominal incision in low-complexity patients  |
| F 8     | Managing urology specific tubes and drains on the ward  |

# **EPA Objectives**

The following are the objectives resident will be assessed on through the EPAs. These outline the expectations regarding the level of competence residents are required to demonstrate to achieve their EPAs, at this stage of training.

Note that the objectives in green font should be prioritized in this rotation.

| CanMEDS ROLES LEGEND |                 |  |
|----------------------|-----------------|--|
| ME                   | Medical expert  |  |
| COM                  | Communicator    |  |
| COL                  | Collaborator    |  |
| HA                   | Health Advocate |  |
| Р                    | Professional    |  |
| S                    | Scholar         |  |
| L                    | Leader          |  |

# **Surgical Foundations**

TTD1

ME 2.2 Elicit an accurate relevant history

COM 2.1 Conduct the interview in a patient-centred manner

ME 2.2 Perform a physical examination relevant to the presentation

ME 2.4 Develop an initial management plan for common patient presentations in surgical practice

COM 5.1 Document accurate and up-to-date problem lists and medication lists

P 1.1 Complete assigned responsibilities in a timely fashion

TTD2

ME 2.2 Synthesize and interpret information from the clinical assessment

COM 5.1 Organize information in appropriate sections within the medical record

COM 5.1 Provide a clear plan for ongoing management

P 1.1 Complete assigned responsibilities in a timely fashion

TTD3

ME 2.2 Synthesize and interpret information from the clinical assessment

COM 5.1 Organize information in appropriate sections within the medical record

COM 5.1 Provide a clear plan for ongoing management

P 1.1 Complete assigned responsibilities in a timely fashion

# TTD4

ME 5.2 Use structured handover tools and strategies to enhance patient safety

ME 2.1 Identify patients at risk for sudden deterioration in clinical status

COL 3.2 Summarize and prioritize patient issues providing rationale for key decisions

COL 3.2 Communicate plans for ongoing management of patients, such as outstanding investigations and anticipated events or outcomes

COL 3.2 Answer questions from the receiving physician(s) during transitions in care, clarifying issues as needed

## FOUNDATIONS 1

ME 1.4 Perform the clinical assessment in a time-effective manner

ME 1.4 Recognize urgent problems that may need the involvement of more experienced colleagues and seek their assistance

ME 2.2 Develop a specific differential diagnosis relevant to the patient's presentation

ME 2.2 Interpret common and simple investigational modalities

ME 2.4 Develop and implement initial management plans for common problems in surgical practice ME 3.3 Consider urgency and potential for deterioration, in advocating for the timely execution of a procedure or therapy

COM 5.1 Document the clinical encounter to adequately convey clinical reasoning and the rationale for decisions

ME 4.1 Identify the need for and timing of consultation with another physician or health care professional

# FOUNDATIONS 2

ME 3.1 Determine the appropriate site for line insertion

ME 3.4 Set up, position and drape the patient for the procedure

ME 3.4 Prepare and cleanse the procedural site

ME 3.4 Maintain universal precautions

ME 3.4 Perform the insertion of a central venous line, using ultrasound guidance as appropriate

# FOUNDATIONS 3

ME 1.4 Perform the clinical assessment in a timely manner

ME 1.4 Recognize urgent problems that may need the involvement of more experienced colleagues and seek their assistance

ME 2.1 Iteratively establish priorities as the patient's situation evolves

ME 3.3 Consider urgency and potential for deterioration, in advocating for the timely execution of a procedure or therapy

ME 4.1 Establish plans for ongoing care, taking into account the patient's clinical state as well as available resources

ME 4.1 Implement management to stabilize the patient prior to additional testing or transfer

COL 1.1 Receive and appropriately respond to input from other health care professionals

FOUNDATIONS 4

ME 1.4 Perform a focused clinical assessment that addresses all relevant issues

ME 2.2 Select and/or interpret appropriate investigations and/or imaging with sufficient attention to clinical details

ME 2.4 Develop and implement plans for preoperative optimization of patients

ME 5.2 Use preoperative care pathways, as appropriate

ME 2.4 Use appropriate prophylaxis

ME 3.3 Consider urgency and potential for deterioration, in advocating for the timely execution of a procedure or therapy

COL 1.2 Collaborate with other health care providers and all involved parties in booking the case including ICU, step down unit, or OR

HA 1.3 Identify modifiable risk factors and promote health and wellness

HA 1.3 Anticipate and advocate for the perioperative needs of patients belonging to vulnerable and marginalized populations

## FOUNDATIONS 6

ME 3.4 Set up, position and drape the patient for the procedure

ME 1.3 Apply knowledge of anatomy, key landmarks, and the surgical procedure

ME 3.4 Use surgical instruments and equipment correctly and in a fluid manner

ME 3.4 Perform safe dissection of relevant structures and tissue layers with gentle tissue handling

COL 1.2 Provide and/or use operative assistance effectively

P 1.1 Work within personal limits, asking for help as needed

COL 1.2 Work effectively with the OR team

FOUNDATIONS 8

ME 1.4 Perform a focused clinical assessment that addresses all relevant issues

ME 1.4 Recognize urgent problems that may need the involvement of more experienced colleagues and seek their assistance

ME 2.2 Develop a specific differential diagnosis relevant to the patient's presentation

ME 2.2 Select and/or interpret appropriate investigations and/or imaging with sufficient attention to clinical details

ME 3.3 Consider urgency and potential for deterioration, in advocating for the timely execution of a procedure or therapy

ME 4.1 Implement a post-operative care plan for patients with a complicated post-operative course COM 5.1 Document the clinical encounter to adequately convey clinical reasoning and the rationale for decisions

P 2.2 Demonstrate a commitment to patient safety and quality improvement through adherence to institutional policies and procedures, and clinical practice guidelines

# Urology

TTD 1

COM 2.1 Conduct the interview in a patient-centered manner

ME 2.2 Elicit an accurate, relevant history

ME 2.2 Perform a physical exam that informs the diagnosis

ME 2.2 Synthesize patient information from the clinical assessment for the purpose of written or verbal summary to a supervisor

COM 2.3 Identify other sources of information (e.g., family, medical record) that may assist in a given patient's care

ME 1.4 Recognize urgent problems and seek assistance from more experienced physicians

TTD 2

COM 2.1 Conduct the interview in a patient-centered manner

ME 2.2 Elicit an accurate, relevant history

ME 2.2 Perform a physical exam that informs the diagnosis

ME 2.2 Synthesize patient information from the clinical assessment for the purpose of written or verbal summary to a supervisor

COM 2.3 Identify other sources of information (e.g., family, medical record) that may assist in a given patient's care

ME 1.4 Recognize urgent problems and seek assistance from more experienced physicians

TTD 3

ME 4.1 Organize follow-up plans

ME 5.2 Reconcile current and prior medication lists

COM 5.1 Prepare an accurate, comprehensive, and succinct summary of hospitalization

COL 3.2 Summarize the patient's issues for the receiving physician, including plans to deal with the ongoing issues

P 1.1 Complete assigned responsibilities in a timely fashion

TTD 4

ME 4.1 Formulate clear and appropriate requests for consultation

COL 2.1 Respond to requests in a timely manner

COL 2.1 Communicate with other health professionals clearly and respectfully

P 1.1 Complete assigned responsibilities in a timely fashion

P 1.1 Identify limits in own expertise and seek assistance, as needed

# FOUNDATIONS 1

ME 2.1 Determine the acuity of the issue and establish priorities for patient care

ME 3.1 Determine the appropriate procedure

ME 3.4 Prepare, position, and drape the patient

ME 3.4 Perform common procedures in a skilful, fluid and safe manner - Catheter insertion

• Use of guidewires, dilators, and/or sounds to assist catheter insertion

- Cystoscopy for catheter insertion
- Percutaneous suprapubic catheter insertion

ME 3.4 Recognize and manage common outcomes/complications of difficult catheterization

ME 4.1 Determine the necessity of further investigation or intervention

COM 5.1 Document the encounter to convey the procedure, clinical findings and/or outcome

## FOUNDATIONS 2

ME 2.1 Determine the acuity of the issue and establish priorities for patient care

ME 1.4 Perform a focused clinical assessment

ME 2.2 Interpret diagnostic imaging

ME 2.4 Develop and implement a management plan

ME 3.3 Consider urgency, and potential for deterioration, in advocating for the timely execution of a procedure or therapy

COL 3.1 Identify patients requiring handover to other physicians or health care professionals

COM 4.3 Answer questions from the patient and/or family

COM 5.1 Document the clinical encounter to adequately convey clinical reasoning and the rationale for decisions

## FOUNDATIONS 3

ME 2.1 Determine the acuity of the issue and establish priorities for patient care

ME 2.2 Interpret the findings of the physical exam to recognize clinical significance

ME 2.2 Interpret diagnostic imaging

ME 2.4 Provide adequate and appropriate symptom management

ME 3.1 Select surgical and/or medical interventions as appropriate

ME 3.3 Consider urgency, and potential for deterioration, in advocating for the timely execution of a procedure or therapy

COM 3.1 Provide information to the patient and/or family clearly and compassionately

COM 4.3 Answer questions from the patient and/or family

# FOUNDATIONS 4

ME 2.2 Perform the history and physical exam in a timely manner, without excluding key elements

ME 2.2 Select and/or interpret appropriate investigations

ME 2.2 Develop a differential diagnosis relevant to the patient's presentation

ME 2.4 Develop and implement a management plan

COM 3.1 Provide information to the patient and/or family clearly and compassionately

COM 4.3 Answer questions from the patient and/or family

HA 1.1 Assess a patient's need for additional health services or resources

ME 4.1 Determine the need and timing of follow-up

# (Part B): Written Communication

ME 2.2 Synthesize and interpret information from the clinical assessment

COM 5.1 Organize information in appropriate sections

COM 5.1 Document all relevant findings and investigations

COM 5.1 Convey clinical reasoning and the rationale for decisions

COM 5.1 Provide a clear plan for ongoing management

COM 5.1 Complete clinical documentation in a timely manner

# FOUNDATIONS 5

ME 3.4 Prepare, position and drape the patient

ME 3.4 Maintain sterile technique

ME 3.4 Assemble and optimize endoscope function

ME 1.3 Apply knowledge of anatomy, key landmarks and the surgical procedure

ME 3.4 Manipulate endoscope appropriately, achieving stabilization, orientation and direction

ME 3.4 Respect tissue vitality when handling tissue and instruments

ME 3.4 Demonstrate intraoperative judgment, fluidity of movement, forward progression

COM 3.1 Communicate effectively with the patient during the procedure

#### FOUNDATIONS 6

ME 3.4 Prepare, position and drape the patient

ME 3.4 Maintain sterile technique

ME 3.4 Assemble and optimize endoscope function

ME 1.3 Apply knowledge of anatomy, key landmarks and the surgical procedure

ME 3.4 Manipulate endoscope appropriately, achieving stabilization, orientation and direction

ME 3.4 Respect tissue vitality when handling tissue and instruments

ME 3.4 Demonstrate intraoperative judgment, fluidity of movement, forward progression

COM 3.1 Communicate effectively with the patient during the procedure

## FOUNDATIONS 7

ME 3.4 Prepare the operative field

ME 3.4 Establish adequate exposure

ME 3.4 Position retractors safely

ME 3.4 Insert abdominal drains

ME 3.4 Close the layered abdominal incision

ME 3.4 Respect tissue vitality when handling tissue and instruments

P 1.1 Work within personal technical limitations, asking for assistance as needed

## FOUNDATIONS 8

ME 2.2 Identify common issues and/or complications related to tubes and drains

ME 3.1 Determine the appropriate timing and procedure for tube or drain irrigation or removal

ME 3.4 Perform common procedures in a skilful, fluid, and safe manner

P 1.1 Identify limits in own expertise and seek assistance, as needed

ME 4.1 Develop plans for ongoing care

COM 5.1 Document the clinical encounter to convey the procedure, clinical findings and/or outcome