



North East Specialized Geriatric Services
Services gériatriques spécialisés du Nord-Est

North East Centre of Excellence for Seniors' Health
Centre d'excellence sur la santé des personnes âgées du Nord-Est

— REGISTRATION —

When: October 15, 2015

Where: [Holiday Inn, Sudbury](#)

Website: [North East Geriatric Medicine Refresher Day](#)

Register: bit.ly/Refresher2015

Goals

The goals of this conference are to:

- Improve awareness of contemporary evidence and practice for geriatric populations among practitioners in Northeastern Ontario;
- Advance current knowledge and skill sets to maximize practice and management of current geriatric case load;
- Increase awareness of and collaboration with regional partners and community resources.

Objectives

At the end of this conference, learners will be able to:

- Describe advancements in key areas of practice in the care of frail older adults.
- Apply new skills and knowledge that can be integrated into practice quickly.

— ACCREDITATION —

This program meets the accreditation criteria of The College of Family Physicians of Canada and has been accredited for up to 6.25 Mainpro-M1 credits as approved by the Continuing Education and Professional Development Office at the Northern Ontario School of Medicine.

This event is an Accredited Group Learning Activity (Section 1) as defined by the Maintenance of Certification program of The Royal College of Physicians and Surgeons of Canada, approved by the Continuing Education and Professional Development Office at the Northern Ontario School of Medicine for up to 6.25 hours.



— PROGRAM —

Time	Session
8:00 / 8:45	<p>Registration & Refreshments</p> <ul style="list-style-type: none"> ▪ Say hello, register, and enjoy some coffee or tea. Feel free to visit our vendors and network.
8:45 / 9:00	<p>Welcome & Opening Remarks Valerie Scarfone</p>
9:00 / 10:00	<p>Preventative Medicine for Older Adults Dr. Chris Patterson</p> <p>At the end of this session, participants will be able to:</p> <ul style="list-style-type: none"> ▪ Describe strategies for proactively addressing health concerns in frail older adults. ▪ Explain the benefits of preventative medicine for sustaining health and improving quality of life in frail older adults.
10:00 / 10:30	<p>Nutrition, Networking, & Vendors</p> <ul style="list-style-type: none"> ▪ Please network with your colleagues and visit the vendors.
10:30 / 11:30	<p>Non-Pharmacological Interventions in Dementia Care Dr. James Chau</p> <p>At the end of this session, participants will be able to:</p> <ul style="list-style-type: none"> ▪ Implement evidence informed interventions that can be applied to practice. ▪ Describe alternative strategies for delivering care to frail older adults diagnosed with Dementia.
10:30 / 11:30	<p>Consent & Capacity Bill Sanowar</p> <p>At the end of this session, participants will be able to:</p> <ul style="list-style-type: none"> ▪ Describe the processes for determining the capacity for consent in frail older adults and their caregivers. ▪ Implement strategies in practice for assessing capacity for consent in frail older adults.
10:30 / 11:30	<p>Medication Reconciliation Sue Burns</p> <p>At the end of this session, participants will be able to:</p> <ul style="list-style-type: none"> ▪ Determine how to work with pharmacists to perform high quality medication reconciliations. ▪ Describe the evidence for and the benefits of reconciliation of medications for frail older adults.

11:40 /
12:15

Caring for Loved Ones

[Ann Matte](#)

At the end of this session, participants will be able to:

- Describe the pressures that accompany informal caregiving for multiple family members.
- Encourage caregivers in optimizing their health while supporting the care needs of their loved ones.

12:15 /
1:00

LUNCH

1:00 /
2:00

Frailty, Function & the CGA

[Dr. Jo-Anne Clarke](#)

At the end of this session, participants will be able to:

- Describe the inter-relationship between frailty, functioning and health in frail older adults.
- Discuss interventions and directions in care that comprise the Comprehensive Geriatric Assessment.

2:00 /
2:30

ARC Update

[Dana Corsi & Josee Castonguay](#)

At the end of this session, participants will be able to:

- Recognize the Assess & Restore clinical pathway that facilitates community based admissions to rehab for frail older adults.
- Describe the evidence and resources available to clinicians to navigate the Assess & Restore process.

2:30 /
3:00

Nutrition, Networking, and Vendors

- Please network with your colleagues and visit the vendors.

3:00 /
4:00

Top 10 Articles

[Dr. Chris Brymer](#)

At the end of this session, participants will be able to:

- Critically appraise recent literature regarding Geriatric syndromes and frail older adults.
- Describe how literature may inform and alter care of frail older adults.

4:00 /
4:30

Closing Remarks