



Image: Canadian Obesity Network

5AsT-MD

An innovative approach to train healthcare providers in obesity prevention and management

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This practical workshop will highlight research findings on how to support patients and interdisciplinary primary care teams to improve obesity prevention and management. Participants will learn how to frame clinical conversations and be introduced to primary care resources such as the 5As for Obesity Management™ and the 5As Team Tools. Interactive components will allow participants to share their own experience, programs, and resources with the group, practice skills, and discuss strategies to improve provider training.

For more information about the 5AsT Program:

http://www.obesitynetwork.ca/5As_Team

This Group Learning program meets the certification criteria of the College of Family Physicians of Canada and has been certified by the Continuing Education and Professional Development Office at the Northern Ontario School of Medicine for up to 2 Mainpro+ credits.



This program has received an educational grant or in-kind support from Novo Nordisk and Canadian Obesity Network.

At the end of this program, participants will be able to:

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Identify obesity is a chronic disease.

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Perform complex root cause assessments with patients.

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Formulate an approach to support collaborative deliberation with patients.

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Recommend strategies to improve educational standards and build institutional capacity.

Location:
Balmoral Street Centre
Room 1014
Lakehead University
Thunder Bay

Time: 1:30 PM – 3:45 PM

Register Now!