



# Principles of Plastic Surgery

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**Saturday, June 23, 2018**

The Northern Ontario School of Medicine | 955 Oliver Road | Thunder Bay, ON

## **ABOUT THE COURSE**

Facilitated by Dr. Sanjay Azad, this course will focus on a basic head to toe approach with the intention of giving physicians and healthcare providers the ability to treat hand and soft tissue injuries in their clinics and smaller communities.

Registered participants will receive a pre-course quiz, the results of which will be used by the facilitator to select the sessions from the list on the next page. The sessions will make up a six-hour day and feature short didactic presentations (20-30 minute presentation) followed by dedicated group discussion (20-30 minute discussion) and, when identified as a need, will include a suture lab, allowing participants to practice their newly acquired skills.

This course features a post-quiz, reflection, and commitment to change which will be sent to participants directly after the course. The pre/post-quiz will be compared and scored and the results returned to the participants. Each participant will be sent their commitment to change three months after their attendance at the course. Participants will be asked to reflect on their responses and explain any changes they made (or not) and why.

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## **LEARNING OBJECTIVES:**

- Perform basic assessments of hands and soft tissue.
- Develop a treatment plan for various hand and soft tissue conditions and scenarios.
- Identify common missed warning signs and red flags when treating hands and soft tissue in the clinical environment.

## ABOUT YOUR FACILITATOR



Dr. Sanjay Azad was born in India and through schooling, had an abiding interest in the sciences. He passed his pre-medical

with honours and completed medical schooling in the prestigious Armed Forces Medical College, Pune. Dr. Azad graduated with honours in Pathology and Otorhinolaryngology. He was also awarded the College Colour for excellence in the sports of squash.

Dr. Azad subsequently worked as a naval doctor in the Indian Navy before completing a three-year program in general surgery at the Armed Forces Medical College, Pune. After completing residency, he wrote a book on general surgery which was subsequently published and has a total of three successful editions.

He moved to the UK and completed a six-year program in plastic surgery at the Merseyside Rotation. Dr. Azad also completed an oncoplastic breast fellowship treating patients with breast cancer for reconstruction where he was tutored by Dr. Baildam, UK Premier

Oncoplastic Surgeon. Dr. Azad published widely during this period and had several national and international presentations.

Dr. Azad took up a post as a Consultant Plastic Surgeon in the internationally recognized Queen Elizabeth Hospital at Birmingham, UK. He performed tertiary breast reconstruction, post-bariatric major body contouring, cosmetic surgery, and treated war injured soldiers with severe injuries. Dr. Azad was Course Director for two national courses including the West Midlands Advanced Plastic Surgery Preparatory Course (WAPS course). This course was the premier course for the FRCS Plastic Surgery examination. He also achieved the distinction of becoming an examiner for the Royal College of Surgeons of Edinburgh.

Dr. Azad moved to Thunder Bay and lives and practices in Northern Ontario. He performs a wide range of operations for reconstruction and cosmetic surgery. Dr. Azad started and is Course Director for the 'Principles of Plastic Surgery Course' (POPS). This course aims to provide comprehensive information to physicians at all levels regarding common problems in plastic surgery.

He loves the outdoors and is passionate about golf and our beautiful environment.

## Session Options - Soft Tissue Sessions

### Session Length

30 minutes	<b>Wounds in General</b> At the end of this session, participants will be able to: <ul style="list-style-type: none"><li>• Identify common wounds and early wound evaluation to facilitate management.</li><li>• Recommend wound assessment and treatment modalities (includes dressings).</li></ul>
20 minutes	<b>Wounds in General</b> Dedicated Group Discussion
30 minutes	<b>Diabetic Foot Ulcer/Pressure Ulcer/Debridement</b> At the end of this session, participants will be able to: <ul style="list-style-type: none"><li>• Identify diabetic foot and pressure ulcers with early steps in management.</li><li>• Discuss the nature of debridement and appropriate referrals for the same.</li></ul>
20 minutes	<b>Diabetic Foot Ulcer/Pressure Ulcer/Debridement</b> Dedicated Group Discussion
30 minutes	<b>Ambulatory Care</b> At the end of this session, participants will be able to: <ul style="list-style-type: none"><li>• Describe common lumps and bumps.</li><li>• Appraise different dressings and NPWT.</li><li>• Develop ambulatory care protocols and procedures to get best outcomes for local anesthetic procedures.</li></ul>
20 minutes	<b>Ambulatory Care</b> Dedicated Group Discussion
30 minutes	<b>Skin Cancer and Early Burns Management</b> At the end of this session, participants will be able to: <ul style="list-style-type: none"><li>• Identify common burns and skin cancers</li><li>• Describe the benefit of early burns management with full assessment and referral pathways.</li><li>• Use simple tools for assessment of burns surface area and depth to aid in best assessment</li></ul>

## Session Options - Hands Sessions

30 minutes	<b>Hand Assessments</b> At the end of this session, participants will be able to: <ul style="list-style-type: none"><li>• Describe the anatomical structures of the hand that are commonly injured.</li><li>• Demonstrate a systemic approach to the hand examination/early splintage, hand dressings and need for therapy.</li></ul>
20 minutes	<b>Hand Assessments</b> Dedicated Group Discussion
30 minutes	<b>Hand Fractures</b> At the end of this session, participants will be able to: <ul style="list-style-type: none"><li>• Identify common fractures of the hand based on patient history, physical examination and radiographic findings.</li><li>• Implement referral pathway and early management strategies for hand fractures.</li></ul>
30 minutes	<b>Hand Fractures</b> Dedicated Group Discussion

30 minutes	<b>Tendon Injuries/Ligament Injuries/Nerve Injuries</b> At the end of this session, participants will be able to: <ul style="list-style-type: none"> <li>• Examine tendons, ligaments, nerves as they relate to common injuries of the hand and wrist.</li> <li>• Identify high risk (for infection and morbidity) lacerations of the hand.</li> </ul>
20 minutes	<b>Tendon Injuries/Ligament Injuries/Nerve Injuries</b> Dedicated Group Discussion
30 minutes	<b>Steroid Injection in Hand</b> At the end of this session, participants will be able to: <ul style="list-style-type: none"> <li>• Evaluate common pathologies of the hand that would benefit from steroid injection.</li> <li>• Demonstrate proper technique for injections of the hand.</li> </ul>
<b>Session Option - Suture Lab</b>	
60 minutes	<b>Suture Lab</b> At the end of this session, participants will be able to: <ul style="list-style-type: none"> <li>• Describe best use of short and long lasting local anaesthetic with techniques of improving outcomes.</li> <li>• Utilize appropriate suture techniques to close a wound.</li> <li>• Select the appropriate suture materials for the wound.</li> </ul>

## REGISTRATION INFORMATION

### COURSE FEES

Physicians: \$500.00 CAD

Nurses, Nurse Practitioners, and Allied Health Professionals: \$400.00 CAD

The registration deadline is: Friday, June 8, 2018.

Enrollment is limited, please contact Alisha Migneault to register.

### Alisha Migneault

CEPD Accreditation Coordinator

Tel: 705-662-7117 | Email: amigneault@nosm.ca

The NOSM CEPD office reserves the right to cancel courses if required. Registrants will be notified as early as possible if this course is cancelled. Registration fees for courses cancelled by NOSM CEPD office will be refunded; however NOSM CEPD will not be liable for any loss, damage, or other expenses that such cancellation may cause. In the event that a participant needs to withdraw from the program after registering, refunds (less a \$50.00 CAD fee) will be issued if the cancellation of registration is provided in writing to the CEPD office before Friday, June 8, 2018.

## ACCREDITATION/CERTIFICATION

This 2-credit-per-hour Group Learning program has been certified by the College of Family Physicians of Canada for up to 12 Mainpro+ credits.



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